

Interview Reference

This booklet is for _____ to complete.

Sexual History Questionnaire

Your Polygraph Examination is with:

Examiner: _____

The examination is scheduled on _____ at _____
AM/PM.

At: _____.

Please make sure you have at least eight hours of sleep the night prior to your examination. Do not drink alcoholic beverages or use illegal drugs 24 hours prior to your examination. If you are on prescribed medication, make sure you take those medications as directed. Please be on time for your examination. If you can not attend your scheduled examination, make sure you notify your treatment provider at least 24 hours prior to that scheduled examination or you will be charged for that examination.

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Full Disclosure Sexual History Examination Purpose

A Full Disclosure Sexual History Examination is an important part of your treatment program. This examination is critically important to your treatment team. It will also be important to you, because you want to demonstrate to your treatment team, group members and any other significant people in your life that you are committed to change.

There are many complex emotions and behaviors that play a part in a person committing a sexual offense. Most of the time these emotions and behaviors have been present for years. Even with the best of intentions, these emotions and behaviors are resistant to change. A person's realization that change is necessary and needed is many times not sufficient to bring about that change.

You are dealing with behaviors that are very dangerous to the community and yourself. Your desire to confront these behaviors is a step in the right direction towards a normal healthy life style. Your commitment to this sex offender treatment program demonstrates your integrity to the community, courts, treatment team, and to your family.

However, seeking to be honest with yourself and others about your deviant sexual behavior will not be easy. As time goes by the guilt, fear and embarrassment of your arrest and conviction will grow dim. Because of this, there is a possibility of old thinking patterns and behaviors creeping back into your life. You will need help maintaining motivation and desire to control these thoughts and behaviors. You will need help to change.

A Full Disclosure Sexual History Examination is the first step and will be an important tool in this process of controlling your deviant thoughts and behaviors. This examination will help you demonstrate your honesty in reporting your total sexual history, thereby building trust with your treatment team and group members.

This examination concerns your total sexual history. A polygraph examination will be conducted to determine your honesty and integrity in fully disclosing all your thoughts, feelings and behaviors connected with your sexual history. When you have demonstrated your commitment and integrity towards fully disclosing your entire sexual history, then and only then can you continue in the treatment process. Just as a doctor first has to diagnose an illness before it can be treated, so to your entire sexual history has to be understood before any meaningful treatment can take place. Honesty with yourself, your treatment team and your Polygraph Examiner is critical and necessary in order to continue in this treatment program.

Sexual History Charts Section

(Sexual history - Discovery Polygraph Examination)

Part 1: Sexual Contact Charts

Directions:

1. List all persons you have had sexual contact with in your lifetime.
2. Do not give names. Identify them by the number given on the charts.
3. List their sex M / F, their age, your age, types of sex act (F=fondling, SI=sexual intercourse, O=oral sex, AI=anal intercourse) and their relationship (FM=family member, F=friend, GF=girlfriend, S=stranger, P=prostitute).

Sexual History

Section

Part 2: Sexual Behavior

Directions:

1. Please write in as much detail as possible, so that we will be able to understand your sexual history.
2. For each question, list the number of that person you performed that act with. (For Example #6 in the sexual history chart).
3. If you need more space, write the number of that question on lined paper and continue. Return that lined paper with this booklet.

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1. Please describe how you got your victim or victims to have sexual contact with you?

2. Please explain how you controlled your victim (s) during your sexual contact with them?

3. Please describe what you did when your victim (s) resisted your sexual advances?

4. Please explain what sexually attracted you to your victim (s)?

5. Please explain what you said or did to your victim (s) to keep them quiet about your sexual relationship?

6. Please explain what you said when you were first confronted about your sexual contact with your victim (s)?

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7. Please explain about the times you've exposed yourself to another person without their consent.

8. Please explain your behavior as it relates to committing sexual acts in public places (To include public masturbation).

9. Please explain about the times in your life when you watch another person undressing, bathing or having sexual relations without their consent.

10. Please explain about your use of pornography.

11. Please explain your use of a computer for sexual purposes (Internet sex sites or chat rooms).

12. Please explain your use of the phone for sexual purposes (1-800 sex lines or prank sex calls).

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13. Please explain your use of the mail for sexual purposes.

14. Please describe your behavior as it relates visiting adult bookstores.

15. Please describe your behavior as it relates to visiting adult exotic dance clubs.

16. Please explain your involvement in bondage during sex acts in your lifetime.

17. Please explain your involvement in spanking, whipping, biting, paddling, etc. during sex acts in your lifetime.

18. Please explain your involvement in anal intercourse activity during your lifetime.

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19. Please explain your involvement in inserting non-human objects into another person during sex acts in your lifetime.

20. Please explain your behavior as it relates to inserting non-human objects into your body for sexual gratification.

21. Please explain your involvement in photographing or video-taping yourself or others in states of undress or in sexual acts.

22. Please explain your involvement in urinating or defecating (shitting) during sexual activity.

23. Please explain your behavior as it relates to masturbation habits during your lifetime.

24. Please explain your behavior as it relates to masturbating with the other sex's articles of clothing during your lifetime.

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25. Please explain your behavior as it relates to wearing the other sex's clothing (cross dressing).

26. Please explain your behavior as it relates to stealing the other sex's clothing.

27. Please explain your sexual contact with animals during your lifetime.

28. Please explain your behavior as it relates to abusing animals during your lifetime.

29. Please explain your behavior as it relates to setting fires during your lifetime.

30. Please describe your behavior as it relates to having sexual contact with multiple partners (Group Sex).

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31. Please explain your behavior as it relates to rubbing up against persons for sexual reasons without their consent.

32. Please explain your behavior as it relates to paying someone or being paid (money, drugs, merchandise, rides, etc.) by someone for sexual contact.

33. Please explain your sexual attraction to non-human items (Clothing, Shoes, etc.).

34. Please describe your sexual contact with a person who was passed out or dead at the time of the sex act.

35. Please describe what body part you find attractive in a sexual partner.

36. Have you ever been sexually abused, or sexually assaulted in your lifetime? Please explain.

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Declaration

I _____, declare that all of my answers are complete, true and correct to the best of my knowledge. I understand that knowingly withholding, misleading or lying to any questions on this form could adversely effect my status in the Sex Offender Treatment Program.

Printed Name: _____

Signature: _____ Date: _____

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You have now completed this questionnaire.
Please return this questionnaire to your interviewer.