

ANCHOR CENTER DEFINITIONS

The following definitions apply to all ANCHOR policies listed in policy section 2300.

1. Clinician: A person who by virtue of certification and / or licensure is qualified to provide substance abuse evaluation and treatment services.
2. Clinical Trainee: A person seeking a degree in a relevant human service field, working toward licensure/ certification, or otherwise requiring supervised clinical experience for professional development with the end goal of autonomously providing clinical services. Clinical trainees participate in clinical supervision by an appropriately credentialed staff member, Treatment Services Manager, or Clinical Director.
3. Clinical Director - Member of District Administrative Team responsible for administration of all clinical and treatment services within the department.
4. Detoxification: A medically supervised procedure by which a patient is monitored and treated, permitting them to safely withdraw.
5. Director - Director of the Sixth District Department of Correctional Services
6. Environmental Hazards: Any condition in the work place, indoors or out, that could reasonably be expected to create an unsafe condition for staff and clients at the facility. This may include, but is not limited to, trip/fall hazards and fire hazards.
7. Intake: The process by which a client is informed of their basic rights and responsibilities as well as limits of confidentiality and any costs associated with the evaluation or treatment. This may be done by any staff member, though ultimate responsibility lies with the assessing clinician to ensure these topics are addressed before proceeding with any service. As part of the intake clients review and sign the Anchor Client Rights and Responsibilities Form (2309-A).
8. Least Restrictive Appropriate Level of Care: The level of services required for the client necessary to work towards establishing a sober lifestyle while having the least possible adverse impact on other life roles and responsibilities. This is determined by a clinician or clinical trainee and by utilizing standardized practice guidelines.
9. Orientation: A process in which the client is notified of what level of service they have been determined to need at the current time as well as what treatment sessions are specifically recommended. The orientation also includes a discussion regarding any additional costs of treatment they may incur, the rules governing client behavior while in the program and expected duration of treatment
10. Sober Lifestyle: A way of living in which one's thoughts, behaviors, and social interactions are congruent with long term sobriety. A sober lifestyle incorporates utilizing skills gained in treatment that will deter future substance use/misuse as well as promotes living without interactions with the criminal justice system. Treatment provides targeted interventions addressing biological, social, and psychological health as well as specific issues pertaining to criminality.

11. Substance Abuse Assessment: A procedure that involves a clinical interview with a clinician or a clinical trainee designed to gather key information relevant to the presence of possible substance misuse disorders. This assessment process may include other information gathering techniques such as self-report inventories and collaborative record review and gathering of urinalysis results. The assessment results in a recommendation for the least restrictive appropriate level of service.
12. Treatment Services Manager - Supervisor of clinical and treatment staff, responsible for supervision and day to day management of treatment programs as assigned by Clinical Services Manager and/or District Director.
13. Withdrawal: A potentially life threatening medical condition that can occur following abrupt discontinuation of certain medications and mood altering substances.

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