

Sixth District Department of Correctional Services POLICY	Issue Date 10/16/09	Effective Date 09/15/14	Policy Number 2300-14
Subject ANCHOR CENTER LICENSED SUBSTANCE ABUSE PROGRAM OBJECTIVES AND TREATMENT PHILOSOPHY		Review Month September	Author 0633
Rescinds 2300-09	References		

POLICY:

The ANCHOR Center Licensed Substance Abuse Services Program provides ethical, effective, and individualized treatment to clients with the primary objective of promoting changes consistent with a sober lifestyle.

PROCEDURE:

1. Therapeutic services (2300A) provided consists of intensive outpatient, extended outpatient, OWI specific, and aftercare programming targeted at individuals with criminogenic needs combined with substance use disorders including those with co-occurring substance use and mental health disorders.
2. Treatment is provided by a multidisciplinary team that may include certified substance abuse counselors, licensed mental health counselors, licensed social workers, licensed psychologists, probation officers with specialized case loads, and other specially trained staff.
3. Treatment consists primarily of group interventions, though individual counseling is available as clinically indicated. Group therapy consists of both traditional process groups and psychoeducational groups.
4. ANCHOR Center Licensed Services Program utilizes interventions and treatment methods that are current, Evidenced Based Practices widely accepted in the professional community.

BY ORDER OF:

Bruce Vander Sanden, Director